

# What is 'frame-in-frame'?

The role of any rule of composition is to draw the eye into a photograph. Framing – also called frame-in-frame or sub-frame – refers to using elements of a scene to create a frame within your frame.

In photography, a frame within a frame is when the photographer uses something within the scene in front of them to frame the main subject. Therefore a second frame is created within the image hence: a frame-in-frame.

For example, you might shoot through a doorway, pulled back curtains, branches, fences, tunnels, or arches to highlight your subject.

## Tips for using framing

Framing can make an image more aesthetically pleasing and keep the viewer's focus on the framed object(s).

- ▶ Look for ways to shoot through natural frames to highlight your subject
- ▶ If you find an interesting subject, photograph it as you normally would first
- ▶ Focus on the subject, NOT the foreground element which is the frame
- ▶ Make sure the element being used as a frame isn't overly bright
- ▶ The frame may be natural (trees, branches, leaves...) or man-made (walls, windows, doorways, posts...)

# Why should you use frames in photography?

- ✓ it draws attention to the subject helping to isolate it from any distraction and clutter within the image
- ✓ it can add depth and layers to an otherwise flat and boring image
- ✓ it can create mystery and intrigue within a photo resulting in the viewer exploring the picture for longer
- ✓ it can suggest a 'story' or movement through the scene

This topic was inspired by a photo I almost used for our B&W *and* Colour topics:



Killerton

## Some examples...



Romney, Hythe & Dymchurch Railway



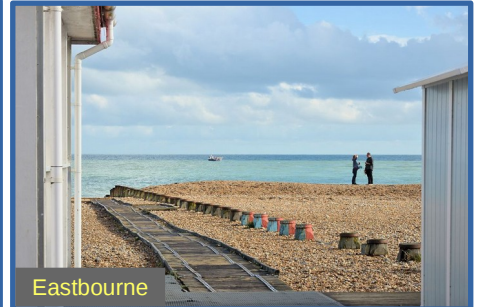
Bodiam Castle



Bateman's - Mill



Pevensey Castle



Eastbourne





Bicton Gardens



Powderham Castle



Powderham Castle



Brixham



Cape Cornwall



Oxburgh Hall



Watersmeet



Antony



Blickling Hall

## Over to you...

- I've deliberately not given any examples taken locally
- There are many potential subjects in and around Chudleigh; some obvious, some you need to look harder for
- If you're not able to get out because of you-know-what, review your archive – you probably have some you didn't know were called Frame-in-Frame!